



### Snapshot – Bibian Mentel

**00:04 Bibian Mentel, Dutch para-snowboarder, English**

“Hi I’m Bibian Mentel, I’m a lower limb amputation and I’m into parasnowing.” » 00:08

**00:16 Bibian Mentel, Dutch para-snowboarder, English**

“Every day I step on my board, I just love it and it’s just the greatest feeling on earth riding down the slope to my friends, riding powder or riding a course and doing a competition.” »00:27

**00:29 Bibian Mentel, Dutch para-snowboarder, English**

“I lost my leg in 2001, after being a professional athlete and almost 12 years later I didn’t find anything that I couldn’t do because of my leg. So that’s basically what I wants to show the kids out there who are in the same situation as I am. » 00:45

**00:47 Bibian Mentel, Dutch para-snowboarder, English**

“If you have a physical disability it doesn’t mess up your head or whatsoever.” » 00:51

**00:51 Bibian Mentel, Dutch para-snowboarder, English**

“It’s just, oh well, though luck.” » 00:55

**00:58 Bibian Mentel, Dutch para-snowboarder, English**

“I can put all my emotion in sport, and it thaught me so much about life and about not giving up, being determined and challenging yourself and growing and that’s just part of my life.” » 01:10

**01:19 Bibian Mentel, Dutch para-snowboarder, English**

“Shall we do it over again?” » 01:21

**01:23 Bibian Mentel, Dutch para-snowboarder, English**

“As an athlete I have an aim, too. And I’ll go for the highest level possible and that’s at least podium.” » 01:31

**Ends: 01:41**

**Inserts:**

|      |   |
|------|---|
| 0:01 | <b>BIBIAN MENTEL</b>  |
| 0:17 | <b>Dutch para-snowboarder</b>                                 |
| 0:35 | <b>Right leg was amputated after cancer diagnosis aged 27</b> |
| 1:04 | <b>Motto<br/>Carpe diem</b>                                   |
| 1:25 | <b>World’s best female para-snowboarder</b>                   |





### Music list

FROM: RTV Film & Television EPISODE #: "Snapshot " Bibian Mentel  
SUPPLIER: RTV Film & Television AIR DATE:  
EVENT DATE: TOTAL SHOW DURATION 01:41 min

| Cue # | TIME   | USAGE TYPE*               | CD Spine Info | SONG TITLE  | COMPOSER      | LC Number | PUBLISHER    | SOCIETY |
|-------|--------|---------------------------|---------------|-------------|---------------|-----------|--------------|---------|
| 1     | 01'39" | "Snapshot " Bibian Mentel | NLM 0047 01   | IN THE CITY | Anthony Young | LC 24373  | 9lives music | GEMA    |

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