

## Webisode Kelly Cartwright

**00:02**

**Kelly Cartwright, Paralympic Athlete Track and Field, English**

"I am different but it doesn't make a difference." >>00:04

**00:05**

**Kelly Cartwright, Paralympic Athlete Track and Field, English**

"I was 15 years old when I was diagnosed with cancer so I had to have my leg amputated above my knee so I could survive. The people who were there for me the whole time was definitely my family and my friends and I wouldn't be able to get through without my family and my friends." >>00:16

**00:21**

**Kelly Cartwright, Paralympic Athlete Track and Field, English**

"I get asked all the time why I didn't just crawl in a hole and why I didn't just give up and I never saw it as a choice I saw it as something that I had to overcome. And the day that I got my leg amputated was the day when I said right, this is what I've got to deal with and this is I've got, so I got on with my life.">>00:33

**00:34**

**Kelly Cartwright, Paralympic Athlete Track and Field, English**

"I was obviously in hospital one minute and the next minute I was trying out for the Paralympics and I had my eyes set on London. I guess it's determination, I've always been a sporty person and very determined and very competitive. I guess I've got the attitude of: why do it later when I can do it now.">>00:49

**00:50**

**Kelly Cartwright, Paralympic Athlete Track and Field, English**

"I guess that you only make mistakes just to get better and I've learned that you've got to focus 100 % on yourself, your coach and what you've learned and just to trust in yourself and not your competitors. Don't worry about what people are doing around you but get on that start line. Because I have in the past worried about what other people think, what other people are doing and you've got to just believe in yourself.">>01:07

**01:11**

**Kelly Cartwright, Paralympic Athlete Track and Field, English**

"I mean, sport means in life that you can live a healthy life and you can have something outside your work, outside your job, outside everything else. And, definitely, it's not about being number one in the world, it's not even about being competitive if you don't want to be competitive. It's about keeping fit and a healthy life and also it's fun and it gives you something to do and it's so important in everybody's life, if you really enjoy it just keep going.  
Sport, for me, it's opened a million doors. I hadn't even travelled out of Victoria where I live before I started in the Paralympics. I've travelled to nearly every state in Australia and even four different countries. And it's opened so many different doors and I met so many different wonderful people through sport.">>01:47

**01:48**

**Kelly Cartwright, Paralympic Athlete Track and Field, English**

"My one piece of advice is just to never ever give up, just keep going no matter how tough life feels or how horrible. Just keep going!">>01:54

**Ends: 02:04 min**

**Music list**

TO:		SHOW:	Allianz Paralympics
FROM:	RTV Film & Television	EPISODE #:	Webisode Kelly Cartwright
SUPPLIER:	RTV Film & Television	AIR DATE:	
EVENT DATE:		TOTAL SHOW DURATION	02'04"

Cue#	TIME	USAGE TYPE*	CD Spine Info	SONG TITLE	COMPOSER	LC Number	PUBLISHER	SOCIETY
1	1'56"	Webisode Kelly	OPUS 100108	RIDE	Richard Hardelstein, Sam Kaufmann	LC 14215	Opus1 Music Library	OPUS

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